



HOW TO TAKE BETTER PHOTOS OF YOUR KIDS!

AN EASY GUIDE TO HELP YOU TAKE AWESOME PHOTOS OF YOUR KIDS WITH YOUR PHONE!



There is a snapshot and then there is a photograph
that has feeling.

Have you ever looked at a photo that
someone took and wondered if you could create
something like it also? You can!

I will give you some easy tips so
you can start today and
create beautiful photos of your kids.



Hi There!

I'm Nina.

A Family Photographer based in Atlanta, Georgia eager to help you take better pictures of your kids.

And when you decide that you want to be in the picture as well (#existinphotographs) please contact me and get on my calendar.

Because that is the one thing your kids will look for later.

Pictures with their mom in them!!!

See it as an investment in the future as time is just flying by 🥹

1.GET DOWN TO KIDS LEVEL

A simple way to make a big impact with your photos is just squatting down before you click!

Taking the photo from above a child is ok but it typically just shows the top of their heads.

Try getting down to their level and see the difference it makes.

A child's perspective is new and exciting, get down with them and see the world as they see it.



This view shows the world through their eyes and tells a story about the activity they are doing.

Try this when they are creating art, picking a flower, playing with cars, or finding something interesting that they may have never seen before.

2.FOCUS ON THEIR EYES

Kids are full of wonder and it shows in their eyes.

Getting a photo of them engaging with someone or looking at you allows you to capture a photo that shows their natural smile and genuine personality. Ask them a question or take the photo while they are engaged with someone.



Kids are naturally photogenic if you let them be.

I NEVER ask my kids to "smile" or say "cheese".

It creates a stiff awkward facial expression.

Just be patient and be ready to take the photo when they are turn towards you or are smiling at a grandparent or dad for example.

Extra tip!

Turn on portrait mode (for iPhones) in your camera settings to make the background "blurry". This makes the subject (your child) stand out and the photo more interesting!

3. COMPOSITION

This just means paying attention to what is in your photo before you take it. It's the relationship between your child and the other objects in the photo. Such as a bush, chair, wall, and everything in the background. It can take a little practice but after awhile it will become so easy. You will see it all the time!



Composition is one of my favorite things to play around with. Try this when your kids are playing outside or reading a book in their room.

Use the wall to partially stand behind and peek in on them with the photo or a plant to use in the foreground when your child is playing in the yard.

I try to think of three perspectives when I am taking a photo: **close up, back up, and then farthest away.**

4. TURN OFF ALL THE LIGHTS AND FLASH

If you are taking pictures in your home, turn off all the lights so that the natural light is the only source of light for your photo and make sure your flash is OFF.

I love natural light, I think it's beautiful and flattering for portraits.



The light source here is from a large window.

As you can see, the light from the window is gently highlighting the face of the boy. The closer we are to the window, the brighter the light, the farther away we are from the window the light is softer on faces.

Try it in different rooms in your home, you'll likely find your favorite spot to use for taking your pictures.

Don't worry about messes in the background. Life with kids is messy and amazing, embrace the realness!

5. HAVE FUN. IT DOESN'T HAVE TO BE PERFECT!

Try new things and get a little out of your comfort zone with your photos! I took a lot of not so great photos before I started getting good ones.

Learn as you go and have fun with it!



There is so many opportunities for great photos of your family, start looking at the everyday mundane things as moments to capture.

It's the simple moments that pass us by so quickly but we look back so fondly at.

😊 **Moms!**

Hand someone the camera once and awhile and get in the photos with your kids!

#existinphotos

BONUS TIP

Try taking photos outside at GOLDEN HOUR.

It's about an hour before sunset and offers amazing golden light in the background that wraps your subjects (kids, family) in warm gorgeous light! Place the sun behind your child so that they are backlit by the sun. It creates a beautiful glow around their heads and makes skin look amazing.



Move around as you are taking the photos, see what you like best and how it changes the photo. Make it fun and let go of any perfection, it gets easier the more you do it and it's one of the most fun ways to use natural light in my opinion! I can't wait to see your photos, tag my social pages or use #ninaferentinosphotography so I can see your beautiful photos!

Now go have some fun with your kids!

Have some fun with your phones filters for photos!

I use warm vivid filters for my phone photos a lot. Try black and white also!

If you feel that you want to take professional photos with your family where everyone is in the picture and you want to create Wall art, please reach out and get on my calendar.
I am excited to meet y'all!



[Contact Nina](#)

WWW.NINAFERENTINOS.COM

